

Topic Sentence

**To begin,** mastering **time management** is a crucial habit for anyone's success.

Topic Sentence—  
Follow-up /  
Explanation

**In most cases,** people have many commitments in their lives and need to ensure that

they complete all required tasks. **According to Rose,** "If you want to have time for

everything, you need to figure out how to make everything fit into your schedule"

Text Evidence /  
Quote

**(2).** This often requires extensive planning and coordinating. **For example,** if a

student has two tests on the same day, he or she should plan to study in advance by

devoting 15-20 minutes each night for a week to studying. Waiting until the last

minute to study isn't effective **time management,** and it causes stress for the student.

Example #1

Example #1—  
Why?

**Another way** that students can be more successful with **time management** is to get

enough sleep. People who are sleep-deprived do not work to their potential, and it

can cause students to fail tests or do poorly on assignments. **To conclude,** **time**

Example #2—  
Why?

**management** is a necessary habit to students both in middle school as well as high

school or college.

Text Evidence /  
Follow-up

Example #2

Closing Sentence